

THE KAWRD

FASHION . EVENTS . LIFESTYLE

Looking for an effective spa focused in specialized wellness?



- Well, look no further for Beauty 100 is here! A specialized beauty centre that inculcates holistic healing in every treatment, Beauty 100 provides effective slimming, health and skincare programs which include; spot-on health analysis, lifestyle coaching, balancing therapies, guaranteed slimming programs, along with detox techniques.

Unlike your typical spa experience, Julie Zhu (Founder of Beauty 100) is an advocate of inspiring and emerging beauty from within. Without a healthy lifestyle or a clean & balanced body system, one can only be beautiful to a certain limit- hence all treatment experience at Beauty 100 is well-researched and put together by a team of professionals, to ensure optimal outcome.

With easily accessible branches in Bugis, Kovan and Marine Parade, Beauty 100 is recognised with awards such as; Asia Pacific Super Health Brand, Singapore Brand Awards, Asia Pacific Excellence Brand Award, Beauty, Slimming & Hair Trusted Brand Award and more. Constantly enhancing each of its three branches, Beauty 100's Kovan branch will re-launch at the end of October 2014 with trial treatments and workshops open to the public, along with the visit of local celebrities.



Examples of Beauty 100's Health Therapies

Herbal Bath Therapy

A traditional Chinese treatment established for over 3,000 years, helping to restore and maintain the body's natural well being, along with detox, cleansing and hydrating. This unique bath, combats obesity, improves heart and kidney function, and regulates blood pressure, microcirculation and healthy digestion, amongst other benefits.

Meridian Health Therapy

Involving a series of TCM techniques; meridian detox, cupping, remedial body massage and targeted acupressure to release toxins, the Meridian Health Therapy helps diminish inflammation in the nose, abdominal pains, fatigue, lack of appetite, weak muscles, chest pains, depression, asthma and more.

Aside from the above, Beauty 100 also offers facial, slimming and detox treatments. The Kawrd recommends anyone who seeks a healthy, well-balanced and nourishing body/ life to wait no longer and pay Beauty 100 a visit.

'Life is short, live the rest of it healthy and happy!'

Branch Information:

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