

"I was overweight since young and this had greatly affected my self- confidence as I always have this perception that I can never fit into any pretty clothes, I was depressed with my body and tried to lose weight by starving myself. It did not work and on the contrary, I get even fatter and started to suffer from gastric problems. My mom decided to bring me to Beauty 100 to try out their slimming program. After 13 sessions into my program, my gastric no longer felt as bloated after my meals as before and after 30 sessions, my weight was reduced by I6KG from 85.9KG to 69.2KG. Being able t lose my weight successfully, got compliments from friends and my family members that I have become much prettier, I am so grateful for the drastic results that Beauty 100 has given me!"